

**2017**  
**WOMEN'S MATCH RACE WORLD CHAMPIONSHIP**  
**WORLD SAILING EVENT GRADING - GRADE WC**

**SAILING INSTRUCTIONS**

Abbreviations:

PC – protest committee	RC – race committee
OA – organising authority	NA – national authority
RRS – racing rules of sailing	SI – sailing instructions
IJ – international jury	NoR – notice of race
WS – World Sailing	TD – Technical Delegate

**1 RULES**

- 1.1 The Event will be governed by
- (a) the 'rules' as defined in the RRS, including Appendix C.
  - (b) the rules for Handling Boats (SI Addendum C) which also applies to any practice sailing and sponsor races. Class rules will not apply.
  - (c) any prescriptions of the national authority that will apply will be posted on the official notice board.
- 1.2 An IJ will be appointed, in accordance with RRS Appendix N, and the right of appeal will be denied in accordance with RRS 70.5.
- 1.3 Boats may be required to race with on-board observers to give information to the umpires. Observers will be weight- equalised by fixing weights near the stern. Observers will not take part in sailing the boat or communicate with the crew while racing.
- 1.4 Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.5 Add after the first sentence of Appendix A5 'When one of the boats in a match fails to sail the course in accordance with rule 28.1, she shall be scored DNF without a hearing.'
- 1.6 Delete RRS C6.3 and replace with: A boat intending to request redress because of circumstances that arise while she is racing or in the finishing area, shall clearly display a red flag as soon as possible after she becomes aware of those circumstances, but no later than two minutes after finishing or retiring.
- 1.7 When the umpires proceed under RRS C8.6 they will follow the guidance in SI Addendum E.
- 1.8 Add to the last sentence of RRS 47.2 – Limitations on Equipment & Crew  
Unless that person was placed on board by the OA and they have been retrieved from the water by a support vessel or official vessel.
- 1.9 If the first boat has finished and the second boat in the match has a penalty outstanding, the umpires may signal in accordance with C5.5 that the outstanding penalty is now completed and remove the corresponding flag. Once it has finished, the second boat may then be scored with a loss without the requirement of completing a penalty before finishing. This changes rule C7.4.

**2 ENTRIES and ELIGIBILITY**

- 2.1 Only skippers invited by the OA are eligible for the event. The skippers are listed in SI Addendum A.
- 2.2 To remain eligible the entire crew shall complete registration, pay any entry fee, sign the

skipper contract (EUR 1800 deposit for damage) and complete crew weighing, all between 09:00 and 18:00 on June 16<sup>th</sup> 2017, unless extended by the OA.

- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or PC.
- 2.5 After the warning signal for a match, the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the TD may authorise an original crew member to substitute.
- 2.7 When a registered crew member is unable to continue in the event, the TD may authorise a substitute, a temporary substitute or other adjustment.

### **3 COMMUNICATIONS WITH COMPETITORS**

- 3.1 Notices to competitors will be posted on the official notice board located in the Race Office building outside the Hernesaaren Ranta venue at Hernesaari.
- 3.2 Signals made ashore will be displayed from flagpole at the event venue Hernesaaren Ranta.
- 3.3 Skippers shall attend the first briefing, which will be at the Race Office building outside the Hernesaaren Ranta venue at Hernesaari on Friday May 16<sup>th</sup> at 18:00 unless excused by the OA.
- 3.4 The first meeting with the umpires will be immediately after the briefing.
- 3.5 A daily morning meeting will start at 09:00 on each day.
- 3.6 Skippers shall attend a press conference at the event venue Hernesaaren Ranta each day they race, starting approximately 60 minutes after the last race of the day.

### **4 AMENDMENTS TO SAILING INSTRUCTIONS**

- 4.1 Amendments to the SI made ashore will be posted at least 15 minutes before the start of any race affected and will be signed by the RC and the TD representatives
- 4.2 Flag L over the numeral pennant of the most recent amendment will be displayed ashore each day until the boats have departed for the race course.
- 4.3 Amendments made afloat will be communicated verbally by the RC or by the umpires.

### **5 BOATS and SAILS**

#### **5.1 Boats**

- (a) the event will be sailed in J/80 type boats.
- (b) the sails to be used will be allocated by the RC.
- (c) competitors may be requested to exchange sails during a series to satisfy sponsorship commitments. This will not be grounds for redress. This changes RRS 62.

5.2 The sail combination to be used will be communicated at the daily briefing. Possible sails to be used are mainsail, jib, genna and symmetrical spinnaker. And possible changes to this initial combination will be communicated verbally from the RC boat or by the umpires.

5.3 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag 3rd

substitute is not required.

- 5.4 The TD will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.
- 5.5 The TD may permit a substitute boat when it is satisfied that the original boat is damaged and that repairs in the time available are not practical.

## **6 IDENTIFICATION and ASSIGNMENT OF BOATS**

- 6.1 Boats will be identified by sponsor names.
- 6.2 If supplied by the OA, mainsails shall display skippers' names.
- 6.3 Boats will be drawn at the beginning of each stage or as decided by the TD.
- 6.4 Boats will be exchanged in accordance with the pairing list and race schedule.

## **7 CREW MEMBERS, NUMBER and WEIGHT**

- 7.1 The total number of crew, including the skipper, shall be four (4) or five (5), excluding persons placed on board by the RC.
- 7.2 **Crew Weighing**
  - (a) The total weight of the crew, including the skipper, dressed in at least shorts and shirts, shall not exceed 340 kg, determined at the time of registration or such time as required by the RC.
  - (b)
  - (c) Crew weights may be checked during the regatta. At any re-weighing, the total weight limit is increased by 10 kg. Any crew weighing in excess of this increased limit will not be penalised, but they shall reduce their weight to the increased weight limit before racing again.
- 7.3 SPARE
- 7.4 All registered crew shall sail all matches unless permission for change is given under SI 2.6 or 2.7.

## **8 EVENT FORMAT and STARTING SCHEDULES**

- 8.1 The event format and match pairing lists are detailed in SI Addenda A and B.
- 8.2 In a knock-out series between two skippers:
  - (a) they will alternate assigned ends for each match. Unless designated in the pairing list, the initial assigned ends will be determined by a draw. This changes RRS C4.1.
  - (b) when the series has been decided, further matches between these two will not be sailed.
  - (c) crews will exchange boats after odd matches of the series, unless otherwise agreed by both skippers.
- 8.3 The racing days are scheduled as from June 17<sup>th</sup> to June 21<sup>st</sup>, 2017.
- 8.4 The latest time for an attention signal on the last day of racing will be approximately 16:00.
- 8.5 The number of matches to be sailed each day will be determined by the TD.
- 8.6 The TD may change the format, terminate any stage or the event when, in its opinion, it is

impracticable to attempt to hold the remainder of matches under the existing conditions or in the remaining time scheduled. Early stages may be terminated in favour of later stages.

- 8.7 The intended time of the first attention signal each day is 10:00.
- 8.8 Each subsequent flight will be started as soon as practicable after the previous flight.
- 8.9 When a match cannot start at its intended time, there will be no blank start for the pair not starting, but the following matches will move forward. However, the numeral pennants of the following matches will remain as originally stated in the pairing list..
- 8.10 When, in a knock out series, a winner of a particular series has been determined, subsequent starts will be brought forward to eliminate blank starts. Competitors will be so advised verbally by an umpire.

## 9 RACING AREA

The racing area will be in the water area south of Hernesaari, Helsinki.

## 10 COURSE

### 10.1 Configuration, Signals and Course to Be Sailed

- (a) Configuration (not to scale)

Replacement Mark W   o   Mark W   o   Replacement Mark W   o

Mark L                    o

Start/Finish Line                    o-----o

- (b) **Signals and Course to be Sailed**  
Course signals will be displayed from the RC boat bow, at or before the warning signal. Marks W and L shall be rounded to starboard.

<u>Signal</u>	<u>Course</u>
No Signal*	Start - W - L - W - Finish
S	Start - W - Finish

- (c) **Description of Marks**

- (a) The RC boat will be identified by an orange flag.
- (b) The starting/finishing line mark will be an orange flag on a pole.
- (c) Marks W will be a black tetrahedron buoy.
- (d) Mark L will be black tetrahedron buoy.
- (e) The replacement marks will be a red or white tetrahedron buoy.

### 10.2 Starting/Finishing Line

- (a) The starting/finishing line will be a straight line between the course side of a starting/finishing mark and the staff with an orange flag on the RC boat.
- (b) A buoy may be attached to the RC boat anchor line just below keel depth. Boats shall not pass between this buoy and the RC boat at any time. This buoy is part of the RC boat ground tackle.

### 10.3 Course Limits

- (a) There are several official navigation markers at the racing area. Additionally, a number of orange, or yellow buoys may be laid close to the shores. While racing, no part of a boat's hull shall cross the imaginary straight line between any two adjacent buoys on the same side of the course.
- (b) These lines or areas rank as obstructions and are the limit of safe pilotage for the purposes of Part 2 of the RRS.
- (c) There is no penalty for touching these buoys or objects defining these areas.
- (d) A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.

### 10.4 Abandonment and Shortening

- (a) RRS 32 is deleted and replaced with: 'After the starting signal, the RC may abandon or shorten any match for any reason, after consulting with the match umpires when practical.'
- (b) Within a flight, when a visual signal is displayed over a numeral pennant, the signal applies to that match only.
- (c) If the race committee signals a shortened course (displays flag S with two sounds), boats shall round the mark at which the signal vessel is stationed and proceed directly to the finishing line.

## 11 BREAKDOWN and TIME FOR REPAIRS

- 11.1 Before the attention signal of a flight or within two minutes of finishing or within five minutes of changing into a new boat, whichever is later, a boat may display flag L to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to a position just to leeward of the RC boat and remain there, unless otherwise directed.
- 11.2 The time allowed for repairs will be at the discretion of the RC.
- 11.3 After the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 11.1.
- 11.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 62.

## 12 STARTING PROCEDURE

- 12.1 SPARE
- 12.2 The next flight number will be displayed on the RC boat. Changes can be informed verbally by an umpire.
- 12.3 The attention signal will be displayed 7 minutes before the first starting signal in each flight. This changes RRS C3.1.

## 13 CHANGE OF POSITION OF THE WINDWARD MARK

- 13.1\* Changes to the course will be made by setting a replacement mark W.
- 13.2\* **Change of Course Signals** (changes RRS 33 and Race Signals)

- (a) Flag C and a coloured flag or board means: 'The windward mark has been moved. Sail to a mark the same colour as the flag or board.'

- (b) When a change of course after starting only affects some matches, these will be designated by the appropriate numeral pennant.

#### 13.3\* **Signalling vessel**

- (a) When a change of course is made for the first leg, code flag “C” will replace code flag “P” as the Preparatory signal and will be displayed from the RC boat for each match affected. That signal will be accompanied by a series of repetitive sound signals and the display of a flag indicating the color of Mark W for that match. This changes RRS C3.1.
- (b) When a change of course is signalled after the first leg it will be displayed from a boat in the vicinity of mark L.

#### 14 **TIME LIMIT**

A boat that does not finish within 5 minutes after her opponent has completed the course and finished will be scored DNF. This changes RRS 35 and A5.

#### 15 **COACH BOATS**

- 15.1 Coach boats shall conspicuously display identification of the team being coached.
- 15.2 SPARE
- 15.3 The OA will not provide berths for coach boats.
- 15.4 Any interference by a coach boat with the racing or event organisation may result in a penalty applied at the discretion of the PC to the associated skipper or team

#### 16 **MEDIA, IMAGES and SOUND**

- 16.1 If required by the OA:
  - (a) Media personnel and equipment (or dummies) supplied by the OA shall be carried on board while racing.
  - (b) Competitors shall wear microphones supplied by the OA during racing and be available for interviews when advised by the OA or RC.
  - (c) Registered skippers shall wear communications equipment supplied by the OA that will allow commentators to communicate with them whilst racing.
- 16.2 Competitors shall not interfere with the normal working of the OA supplied media equipment.
- 16.3 The OA have the right to use any images and sound recorded during the event free of any charge

#### 17 **PRIZES**

- 17.1 The first placed team after Stage 1 will be presented with the World Sailing “Nucci Novi Ceppellini Memorial Trophy”.
- 17.2 The first placed team in the final results will be declared as the 2017 Women’s Match Racing World Champion and will be presented with the Women’s Match Racing World Championship Trophy.
- 17.3 World Sailing Gold, Silver and Bronze medals will be presented to the top 3 teams.
- 17.4 The International Jury may reduce or remove a prize in the case of misconduct or refusal to comply with any reasonable request, including attendance at official functions.

## **18 CODE OF CONDUCT**

- 18.1 Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave so as to bring the event into disrepute.
- 18.2 Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Addendum C and D.
- 18.3 The following actions by skippers and/or crew while racing may be considered a breach of sportsmanship under RRS C8.3(c) and may result in an umpire initiated penalty under RRS C5.2 or C5.3:
- Excessive attempts to verbally coerce, coach or influence umpire decisions;
  - Repetitive or on-going objection to an umpire decision (verbal or otherwise);
  - Abuse of umpires before or after a decision (See also MR Call M4).
- 18.4 Breaches of this SI may also be referred to the PC. Any penalty will be at the discretion of the PC/IJ and may include exclusion from further participation in the event, the withdrawal of any prize money or the withholding of deposits.
- 18.5 Gross breaches of this SI may be referred to the PC by the OA for action under RRS 69.

## **19 DISCLAIMER**

All those taking any part in the event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.

**SI ADDENDUM A – LIST OF ELIGIBLE SKIPPERS and PAIRING LIST/KNOCK-OUT TABLE**

<b>Skipper Name</b>	<b>Country</b>	<b>Sailor ID</b>	<b>Ranking *</b>
Anna Östling	SWE	SWEAK1	1
Renée Groeneveld	NED	NEDRG1	4
Caroline Sylvan	SWE	SWECS4	5
Pauline Courtois	FRA	FRAPC14	7
Marinella Laaksonen	FIN	FINML22	8
Sanna Häger	SWE	SWESH10	12
Antonia Degerlund	FIN	FINAC3	15
Johanna Bergqvist	SWE	SWEJB32	16
Trine Palludan	DEN	DENTP9	17
Martina Karlemo	FIN	FINMK2	27
Lucy Macgregor	GBR	GBRLM22	30
Ekaterina Kochkina	RUS	RUSEK13	39
Mikaela Fors	FIN	FINME1	75
Margot Riou	FRA	FRAMR36	95

**\*World Sailing Ranking as of 17 May 2017**

**PAIRING LIST**

Provided after skippers meeting.



## **SI ADDENDUM B – EVENT FORMAT and SCHEDULE OF RACES**

### **EVENT FORMAT**

#### **1 First Stage - Round Robin**

- (a) All skippers will sail a round robin.
- (b) The eight (8) highest scored skippers shall qualify for the next stage.

#### **2 Second Stage – Quarter Finals**

- (a) The highest scored skipper from Stage 1 shall choose their opponent when requested by the RC to do so. The next highest placed skipper who has not already been chosen shall choose their opponent and so on.
- (b) In each quarter-final the higher scored skipper from Stage 1 will be starboard entry in the first match.
- (c) The first four (4) skippers to score at least three (3) points shall proceed to Stage 3, the others will be scored in accordance with Stage 1 results.

#### **3 Third Stage - Semi Finals**

- (a) The highest scored skipper from Stage 1 shall choose their opponent when requested by the RC to do so. The remaining two (2) skippers shall race each other.
- (b) In each semi-final the higher scored skipper from Stage 1 will be startboard entry in the first match.
- (c) The first two (2) skippers to score at least three (3) points shall proceed to the finals. The other two (2) shall proceed to the Petit Finals.

#### **4 Fourth Stage – Petit Finals**

- (a) The higher scored skipper from Stage 1 will be starboard entry in the first match.
- (b) The first skipper to score at least two (2) points shall be awarded third place.
- (c) The other skipper shall be fourth (4th).

#### **5 Fifth Stage - Finals**

- (a) The higher scored skipper from Stage 1 will be starboard entry in the first match.
- (b) The first skipper to score at least three (3) points will be the winner.
- (c) The other skipper shall be second (2nd).

## SI ADDENDUM C – HANDLING of BOATS

### 1 GENERAL

While all reasonable steps are taken to equalise the boats variations will not be grounds for redress. This changes RRS 62.

**2 PROHIBITED ITEMS and ACTIONS** - Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the TD/RC, or, on race days, while 'AP' is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Marking directly on the hull or deck with permanent ink, or using any tape that leaves a residue/ use of duct tape.
- 2.10 Cross winching foresail sheets.
- 2.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.12 Using a winch to adjust the mainsheet, backstay or vang.
- 2.13 Using the spinnaker pole to wing out the foresail.
- 2.14 Attaching lines to the fabric of spinnakers.
- 2.15 Perforating sails, even to attach tell tales.
- 2.16 Radio transmission (including mobile telephones), except to report damage or in response to a request from the RC.
- 2.17 The use of electronic equipment, unless permitted by SI C3.1.
- 2.18 After the starting signal and while sailing close hauled for more than a few seconds, the main boom position shall be controlled only by using the mainsheet as it exits the block on the cockpit floor, and the vang.
- 2.19 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.20 Attaching sheets to sails by using tape.
- 2.21 While sailing, having the main sail not attached to the shackle on the boom.
- 2.22 A breach of SI C 2.13, 2.18, 2.19, 2.20 or 2.21 is not open to protest by boats but is subject to action by Umpires in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.

**3 PERMITTED ITEMS and ACTIONS** – the following are permitted:

- 3.1 Taking on board the following equipment:
- (a) basic hand tools
  - (b) adhesive tape
  - (c) line (elastic or otherwise of 4 mm diameter or less)
  - (d) marking pens
  - (e) tell tale material
  - (f) hand held compasses, watches, timers and small personal video devises such as GoPro
  - (g) shackles and clevis pins
  - (h) velcro tape
  - (i) bosun's chair
  - (j) spare flags
  - (k) PFD's when not supplied by the OA
- 3.2 Using the items in 3.1 to:
- (a) prevent fouling of lines, sails and sheets
  - (b) attach tell tales
  - (c) prevent sails being damaged or falling overboard
  - (d) mark control settings
  - (e) make minor repairs and permitted adjustments
  - (f) make signals as per Appendix C6
  - (g) personal safety
- 3.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 3.4 Changing the number of mainsheet purchases.

**4 MANDATORY ITEMS and ACTIONS** – the following are permitted:

- 4.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches. When boat swaps are carried out on the water, the report should be made verbally to the RC as soon as possible.
- 4.2 At the end of each sailing day:
- (a) folding, bagging and placement of the sails as directed
  - (b) leaving the boat in the same state of cleanliness as when first boarded that day
  - (c) releasing backstay tension
- 4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.
- 4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.6 (SPARE)
- 4.7 A breach of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

## **SI ADDENDUM D – EQUIPMENT LIST**

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

### **SAILS and SAILING EQUIPMENT**

- Mainsail and set of battens
- Small headsail (jib)
- Large headsail (genoa)
- Spinnaker
- One winch handle
- One spinnaker pole
- Two spinnaker sheets
- Two barber haulers
- Two headsail sheets
- Two genoa cars
- Two jib cars

### **SAFETY GEAR**

- Bucket
- Sponge
- Bilge pump

### **TOOLS**

- Any supplied tools

### **BAGS**

- Spinnaker bag
- Genoa bag

### **FLAGS**

- Y-flag on a stick
- L-flag on a stick
- Yellow flag on backstay
- Blue flag on backstay
- Red flag on backstay

## SI ADDENDUM E – DAMAGE PENALTIES

### Match Racing Penalties for Damage resulting from contact between boats

Appendix C6.6 and C8.6 permits the umpires or protest committee to decide the penalty when a boat breaks RRS 14. This document explains how damage will be assessed and gives general guidance on the appropriate penalty. When the protest committee has good reasons to do so, it may apply a different penalty.

Damage will be divided into 3 levels as shown in the following table:

Level	Extent	Effect
Level A - Minor Damage	Does not significantly affect the value, general appearance or normal operation of the boat.	Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work.
Level B - Damage	Affects the value and/or general appearance of the boat	The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work.
Level C - Major Damage	The normal operation of the boat is compromised and its structural integrity may be impaired.	The boat will need some repair work before racing again. Requires more than 3 hours of work.

### Point Penalties - to be applied without a hearing (this amends RRS C8.6);

Level	Round Robin	Knock Out
<b>A</b>	None	None
<b>B</b>	Half point	Three quarters of a point
<b>C</b>	One point	One point

When both boats break RRS 14, they should both receive a points penalty. If a competitor requests a hearing when a points penalty is imposed, the protest committee may decide (in the hearing) to give a greater penalty.

### Deductions from Damage Deposits

The assessment of damage level is only for the purpose of points penalties, and is not linked to any deductions from the competitor's damage deposits.

Any points penalty will be based on the assessment of damage level made on the water. Subsequent assessments of the damage level after closer inspection, whether the level turns out to be higher or lower, will have no effect on the points penalty given on the water.

### SI ADDENDUM F – COURSE LIMITS

