



Nyländska Jaktklubben



Helly Hansen Cup - NJK Spring Regatta 9-10.05.2015

Organizing authority: Nyländska Jaktklubben, Koivusaari, Helsinki

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. Appendix P will apply.
- 1.3. In the 29er class rules 44.1 and P2 are changed so that a two-turn penalty is replaced by a one-turn penalty
- 1.4. If there is a conflict between languages the Swedish text will take precedence.

2. Notices to competitors

Notices to competitors will be posted on the official notice board located outside the clubhouse.

3. Changes to sailing instructions

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect..

4. Signals made ashore

- 4.1. Signals made ashore will be displayed at flagpole outside the clubhouse.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5. Program

5.1. Schedule

Saturday 90.5 9-10:30	Registration
Saturday 9.5 09:45	Skippers meeting
Saturday 9.5 11:55	First warning signal
Sunday 10.5 10:55	First warning signal

- 5.2. There are 3 races scheduled per day, 4 races per day for the 29er class.



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- 5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4. On Sunday no sequence of races will be initiated after 16:00.

6. Class flags

The class flags are:

Class	Race area	Class flag
29er	A	D
Europe Class	A	E
Laser Radial	A	F
Laser 4.7	A	G
Zoom8	A	K
29er	A	D

7. Venue

- 7.1. The regatta harbor is Nyländska Jaktklubben on Koivusaari, west of Lauttasaari.
- 7.2. Racing area is the “Helsinki race area A”

8. Courses

- 8.1. The diagrams in Attachment 1 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. No later than the preparatory signal, the race committee signal boat will display the number of the course to be sailed on a board on the signal boat.

9. Marks

- 9.1. Marks will be orange colored buoys.
- 9.2. The starting marks will be the race committee signal boat at the starboard end and a flagbuoy at the port end.
- 9.3. The finishing marks will be the race committee signal boat and a flagbuoy.

10. The start

- 10.1. The starting line will be between a staff displaying an orange flag on the starting mark at the starboard end and the course side of the port-end starting mark .
- 10.2. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11. Change of the next leg of the course

- 11.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.



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11.2. Rule 33 is changed to that parts 33(a)(1), 33(a)(2) and 33(b) are deleted.

12. The finish

The finishing line will be between the staffs displaying an orange flag on the finishing marks.

13. Time limits

- 13.1. The time limit is 90 minutes and the target time is 50 minutes. For 29er the target time is 30 minutes.
- 13.2. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 13.3. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

14. Protests and requests for redress

- 14.1. Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 14.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses..
- 14.4. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 14.5. Breaches of instructions 10.2, 16, 18 and 19 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 14.6. On the last scheduled day of racing a request for reopening a hearing shall be delivered
 - a) within the protest time limit if the requesting party was informed of the decision on the previous day
 - b) no later than 30 minutes after the requesting party was informed of the decision on that day.This changes rule 66.
- 14.7. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2

15. Scoring

- 15.1. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.



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15.2. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

16. Safety regulations

16.1. A boat that retires from a race shall notify the race committee as soon as possible

16.2. When boats are on the water, competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment.

17. Equipment and measurement checks

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

18. Official boats

Official boats are marked with a flag as follows:

Race committee boats	”RC”
Protest committee boats	”JURY”
Safety boats	”SAFETY”
Press/photographers	”MEDIA”

19. Support boats

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

20. Trash disposal

Trash may be placed aboard support or official boats. The penalty for breaking rule 55 can be less than disqualification if the protest committee so decides.

21. Radio communications

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones

22. Prizes

Prizes are given according to the prize formula of the Finnish Sailing Federation.



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23. Disclaimer of liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24. Insurance

Each participating boat shall be insured with valid third-party liability insurance.